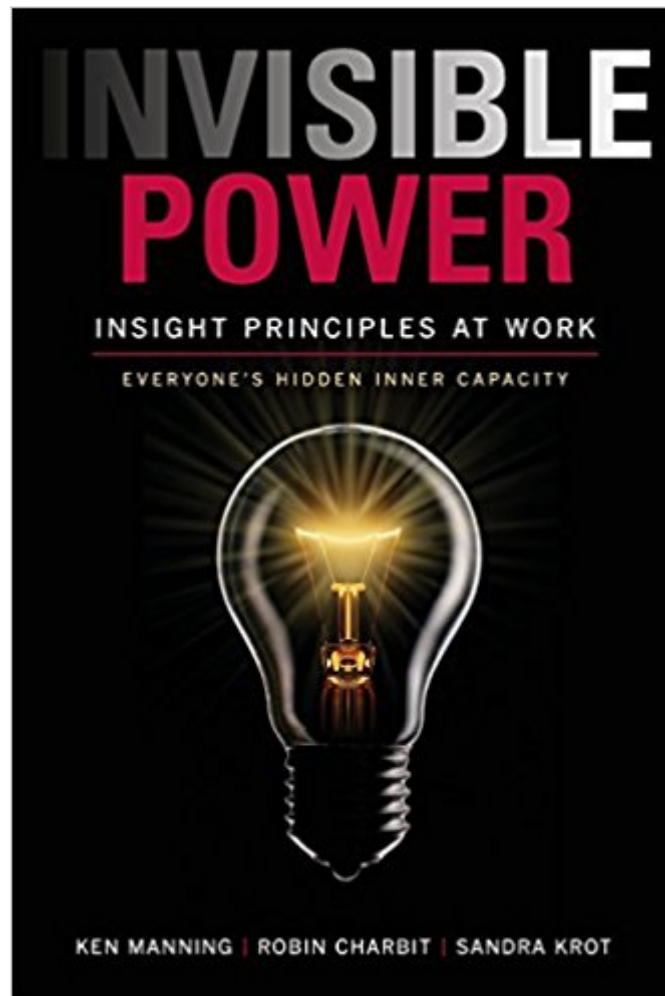




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# Invisible Power: Insight Principles At Work



## Synopsis

Imagine: You are not being rattled by life's challenges, confident that you will find new perspectives and solutions. A life with less stress and more joy. These possibilities are on offer for you in this book. Invisible Power presents a profound yet practical understanding of our most underutilized asset—the human mind. This understanding can significantly change you from the inside-out. The implications for you as a leader, a contributor, a partner, a parent, and a human being are immense. Authors Ken Manning, Robin Charbit, and Sandra Krot, bolstered by decades of experience as business leaders, entrepreneurs, and relationship experts, paint a surprisingly practical and hopeful picture, illustrated with dozens of relatable client stories. Not only will you see how to have a more enjoyable, innovative, and productive work life, you will unleash the potential you have always had as a human being. You will be ready to create your next level of success.

## Book Information

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## Customer Reviews

Ken Manning is an entrepreneur and Ph.D. psychologist whose intuitive understanding of the human dimension and gift as a communicator have enabled him to illuminate what is hard to put into words for anyone in today's world of business. Robin Charbit holds a degree in Chemical Engineering and started his career at Exxon rising quickly through the management ranks before he made the switch to consulting. Robin's scientific mind and decades of business experience appeal to the business leader who avoids the touchy-feely but clearly needs help on the people side and likes to get things done. Sandra Krot spent 30 years as a relationship counselor before she

discovered a talent for coaching business leaders. Her informed perspective and straight-forward style are valued by her clients because she can deftly and warmly help them get past their egos and find the gold of their own wisdom and strength. Together they are the highly successful consulting firm, Insight Principles, whose clients include many Fortune 50 companies as well as start-ups and individual entrepreneurs.

So far, this is the clearest and simplest book about the Three Principles (called here Insight Principles) that I've read. It's ostensibly aimed at the corporate/business world and the corporate/business reader, and it certainly suits that reader base, but it's a much broader book than that. Someone who 'gets' it in their business life may be surprised to find that what is taught here applies to their home and relational lives as well. The authors have done a good job taking material that could initially seem fuzzy or general and showing how it can be used in what 'practical' people like to call 'the real world.' The writing is clear, simple, understandable, and illustrated with real world anecdotes drawn from their personal and professional experience, as well as from the experiences of their clients. One could read this book with a clear, relaxed mind and get a lot out of it on its own, and I think the impact would be trebled in situations where one reads the book in conjunction with a training or coaching program based on the Principles.

This book differs from many others on the Three Principles (called Insight Principles by the authors) in that it draws many of its stories from the business world. The book is very readable and it is easy to read quite quickly. I would urge you to take the authors' advice and pause as you read and reflect on how what you are reading applies in your life. I found that did indeed lead to insights of my own. The Three Principles are simple to understand but really seeing them for yourself is why you want to reflect and make the understanding your own. If you know nothing about the Three Principles this book is suitable for you as it explains them very clearly. If you already know about the Principles then this book gives some great material upon which to reflect. In my case, already knowing the Principles, I saw something deeper and it was a big Ah ha moment. I will be rereading the book again.

I read it from cover to cover. This is not a book to be breezed through. Each sentence and paragraph makes a point, but you have to chew it a few times to digest it. And by some catalytic conversion, you'll find that your relationship to life starts to change. It was almost as if I'd been looking in a mirror, thinking the the real me was the reflected image. Every page contains an insight

that will shift your perspective of who you are and how sweet your life can be.

This is a great book for both business and personal life. I wish I would have read it at a much younger age. It simply explains how our mind has always worked. I had an epiphany when I was reading this book that woke me up and gave me tremendous insights. This insight freed my mind for making significantly better decisions. It's like a new pair of glasses that allow you to clearly see. Image the return on investing a few hours of reading time to understand how our mind works and in return, receiving insight to make better decisions for the rest of your life. This is wisdom, and wisdom is timeless and priceless.

This book is an incredible resource for anyone wanting a better understanding of the dynamics of organizations! The authors show very definitively how thinking is everyone's best friend when seen for what it is, and their worst enemy when there is little or no awareness of that. The example stories demonstrate very clearly how just the awareness of the event-thought-feeling cycle creates enormous power for change and insights. For transformation actually! It is now my go-to resource for engaging clients, I may have to ask for a quantity discount!

I love the 3 Principles and anyone that can explain them simply. Great book.

A wonderfully insightful and hopeful book that is the result of the authors many years of experience working with insight principles in the business world. The book covers fundamental principles about how the human mind works then details the many ways this understanding will help anyone or any organization perform better. Highly recommended for anyone looking for a fresh perspective on common workplace topics such as stress, change, leadership, communication and time management. Five Stars.

The clearest account I've read of the vitally important understanding known as The Three Principles. A must-read for all who would like to comprehend how their mind--and, therefore, their continued experience of life--actually works.

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